

KOSHER FOR PASSOVER PRODUCT LIST

BUFFALO VAAD HAKASHRUS –RABBI MOSHE TAUB

OK WITHOUT 'KOSHER FOR PASSOVER' SYMBOL	REQUIRES 'KOSHER FOR PASSOVER' SYMBOL	NOT OK FOR PASSOVER	BEST TO PURCHASE <u>BEFORE</u> PASSOVER
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Children's Chewable Medication and Antacid List are found at the end of this list

ALCOHOL: ISOPROPYL - ALL (FOR EXTERNAL USE)	✓			
ALCOHOL: ETHYL - ALL			✓	
ALMOND MILK ¹		✓		
ALUMINUM FOIL - ALL	✓			
AMMONIA – ALL	✓			
BABY CARROTS ²		✓		
BABY FOOD –Gerber 'carrots', 'Green beans', 'Peas' are fine		✓		
BABY WIPES – ANY BRAND W/OUT ALCOHOL	✓			
BABY OILS	✓			
BAKING SODA - ALL	✓			
BLEACH - ALL	✓			
BLUSH / ROUGE: POWDERED - ALL	✓			
BODY SOAP – ALL VARIETIES	✓			
BODY WASH – ALL VARIETIES	✓			
CARROTS – ALL (SEE ENTRY 'BABY CARROTS')	✓			
COCOA – ANY 100% PURE COCOA ³	✓			
COFFEE: REG GROUND UNFLAVORED - ANY ⁴	✓			

¹ Please visit the following link to the Orthodox Union for a list of acceptable brands – <http://oukosher.org/passover/guidelines/food-items/soy-milk-almond-milk/>

² Baby carrots are best with a 'kosher for Passover' symbol but may be purchased without one.

³ North-American made.

⁴ See entry 'Keurig.'

COFFEE: INSTANT (PLAIN) – FOLGERS (including Decaf); NESCAFE (NOT including Decaf); TASTER’S CHOICE (NOT including Decaf)	✓			
CHEWABLE CHILDREN’S MEDICINE ⁵		✓		
COFFEE: INSTANT DECAF (see Folger’s above)		✓		
COCONUT OIL/Milk – SPECTRUM ‘CRUDE/ORGANIC’ (OIL); ‘Coconut Secret Virgin Unrefined Coconut OIL’; Coconut Dream (MILK) are all ok without a KFP		✓		
CONTACT LENS SOLUTION	✓			
CONTACT PAPER	✓			
CREAMS / OINTMENTS	✓			
DENTAL FLOSS: UNFLAVORED – WAXED OR NON-WAXED	✓			
DEODERANTS / ANTIPERSPIRANTS: POWDER AND SOLID STICK POWDER - ALL	✓			
DEODERANT / ANTIPERSPIRANTS: LIQUID ⁶			✓	
DETERGENTS - ALL	✓			
DISHWASHING SOAP – all (Ivory;Dawn;Joy are best)	✓			
EGGS - ALL ⁷				✓ 7
EYE SHADOW	✓			
EYE-LINER	✓			
FISH: FROZEN RAW (wash before using). Should have a year-round certification ⁸	✓			
FRUIT: FROZEN ⁹	✓			
FURNITURE POLISH - ALL	✓			
GLOVES: RUBBER (LATEX) – W/OUT INNER POWDER COATING	✓			
HAND SANITIZER (ALCOHOL FREE)	✓			

⁵ See #5 in ‘NOTES’ following this chart for a list; antacids will be included. *Never* hold back medication from children without speaking to a Rav. If one can’t reach a Rav then a chewable must be given.

⁶ This applies to deodorants / antiperspirants that have restorable denatured alcohol. This stringency only applies to items in a pure liquid form. The following are acceptable even in aerosol cans (liquid): Arrid; Dry Idea; Right Guard; Secret Green Lavender, Spring Breeze (Star K)

⁷ I was informed this year that due to changes in how chickens and cows are fed one could indeed purchase milk and eggs on Pesach without any concern. We left the chart as is to avoid confusion.

⁸ To assure the buyer that this is truly a kosher fish. Studies have shown that fish sold –especially in restaurants –is very likely not to be the fish they are claiming it is

⁹ All whole or sliced frozen fruit is acceptable without a specific ‘Kosher for Passover’ symbol assuming it is unsweetened, additive free without syrup citric acid or ascorbic acid.

HYDROGEN PEROXIDE – ALL	✓			
ICE – BAGGED	✓			
INFANT FORMULA – ISOMIL, SIMILAC, ENFAMIL ^{CVS} , Walgreens, Gerber, Right Aid 10	✓			
JUICES: FROZEN – ANY 100% PURE GRAPEFRUIT OR ORANGE ¹¹	✓			
JUICES: LEMON OR LIME – REALIME, REALEMON (LIQUID)	✓			
KEURIG COFFEE CUPS ¹² (see footnote)		✓		
LACTAID MILK ¹³ (SEE FOOTNOTE BELOW)				
LAUNDRY DETERGENT - ALL	✓			
LIPSTICK (chametz ingredients) ¹⁴			✓	
LOTION - HAND	✓			
MAKE UP: DRY/POWDERED – ALL VARIETIES	✓			
MASCARA	✓			
MEAT: FROZEN – Whole Pieces -ALL (SEE NEXT ENTRY)	✓			
MEAT: FROZEN – GROUND and/or SEASONED		✓		
MEDICINE, CHEWABLES & ANTACIDS ⁵				
MINERAL OIL – ALL (no additives)	✓			
MILK ¹⁵				✓ 15
MOUTHWASH: ALCOHOL FREE OR WITH ‘P’ (All ‘Scope’ brand mouthwash are fine, ‘Listerine’ Cool Mint, Winter Fresh and Total Care are fine as well)	✓			
NAIL POLISH	✓			
NUTS: <u>RAW</u> – WHOLE, CHOPPED OR	✓			

¹⁰ Must use separate utensils due to *kitnios*. See OU for even more acceptable brands.

¹¹ Cannot contain sweeteners, additives, preservatives or enrichments.

¹² The BVK does not recommend *koshering* a Keurig coffee maker for Pesach, although it may be *koshered* the rest of the year. If you would like more information relating to *koshering* Keurig coffee makers for Pesach, please contact the BVK. If one wishes to invest in Pesach Keurig machine, the following pods are indeed KFP (even without a special marking): *Green Mountain Carafe French Roast; Green Mountain Carafe Breakfast Blend; Newman’s Own Carafe Special Blend; Tully’s Coffee Carafe Hawaiian Blend.*

¹³ May be used on Pesach if it was purchased before Pesach.

¹⁴ If the lipstick contains *chametz* it should not be used and a fresh stick should be started on Pesach.

¹⁵ I was informed this year that due to changes in how chickens and cows are fed one could indeed purchase milk and eggs on Pesach without any concern. We left the chart as is to avoid confusion.

GROUND ¹⁶				
OINTMENTS / CREAMS	✓			
PAPER GOODS	✓			
PAPER TOWEL ROLLS - ANY ¹⁷	✓			
PECAN PIECES (and MIDGET PECANS)		✓		
PET FOOD ¹⁸		✓		
PLASTIC DISPOSABLES	✓			
PLASTIC WRAP	✓			
POWDER – FACE AND FOOT (INK & PAINT?)	✓			
PURELL HAND SANITIZER (see ‘hand sanitizer’)			✓	
QUINOA ¹⁹		✓		
RICE MILK ²⁰		✓		
RUBBER GLOVES (W/O POWDER COATING)	✓			
SALT: NON-IODIZED, W/O DEXTROSE OR POLYSORBATES	✓			
SELTZER – ALL PLAIN VARIETIES ²¹	✓			
SILVER POLISH	✓			
SHAMPOO – ALL VARIETIES	✓			
SOAP - ALL ²²	✓			

¹⁶ So long as it/they does not contain added preservatives, or other additives such as **BHT or BHA**. Shelled Pecans do require a KFP.

¹⁷ The first three sheets and the last sheet attached to the cardboard should not come in direct contact with food as a corn starch based glue may be used.

¹⁸ See Star-K.com.

¹⁹ It is best to find a brand that has a reliable ‘kosher for passover’ symbol. If one cannot find such a brand he may purchase a brand that does not have a ‘kosher for passover’ symbol provided that he carefully checks the grains before Pesach for any extraneous matter. Some rabbis do not permit quinoa on Pesach.

²⁰ Soy and Rice are kitniyos and their ‘milk’ may contain chometz. Under normal circumstances one mustn’t consume them on Pesach. Those found in the link below are chometz free and may be consumed by someone who is allowed to eat kitniyos (e.g. one who is ill). Of course, one can choose to make **Almond milk** at home for Pesach. Should someone have a choice between Soy Milk and Rice Milk then Soy Milk is the better choice as Soy wasn’t introduced to Europe until about 100 years, ago long after the kitniyos decree. It is recommended that those who require these products ideally purchase them before Pesach. Here is the OU’s list of acceptable Rice Milk for those who need it: **Rice Dream Enriched Unsweetened Original; Harris Teeter; RiceSense Enriched; Full Circle; Hy-Vee; Meijer; Nature’s Place; Shop Rite; Market Basket Enriched; Price Chopper Enriched; Wild Harvest Enriched**

²¹ This refers to brands that have a ‘kosher’ symbol on them, even though they do not have a ‘Kosher for Passover’ symbol.

²² It is commendable to purchase Passover brands.

SOY MILK ²³		✓		
STEVIA {Nevitas brand STEVIA, under the EARTH Kosher Symbol, is indeed Kosher for Pesach even without further indication}		✓		
SUGAR – GRANULATED, CANE ²⁴ (see above for STEVIA)	✓			
SUGAR - BROWN		✓		
TAPIOCA STARCH		✓		
TEA – INSTANT <u>ONLY</u> NESTEA – UNFLAVORED NOT Including DECAF)	✓			
TEA BAGS <u>LIPTON</u> – NOT FLAVORED/ Including DECAF). Other brands need a KFP for Decaf and flavored.	✓			
TOOTHPASTE ²⁵ (COLGATE and AIM are fine in all varieties)	✓			
VASELINE	✓			
WAX PAPER	✓			

NOTES

1 - ALL JOYVA PRODUCTS (UNDER R' SHEINKOFF JUST FOR PESACH) ARE STRONGLY DISCOURAGED AND OFTEN CONTAIN REAL KITNIYOS ²⁶

2 - All types of ointments, creams, nail polish, body wash, shampoo, hand lotions (as opposed to hand sanitizers), eye shadow, eyeliner, mascara, blush, foot and face powders, and ink and paint may be used **regardless** of its ingredients.

²³ See above footnote 18 in full. Here is the OU's list of acceptable brands for those for whom their Rav allows them to consume Kitniyos in this fashion:

365 Everyday Value (Original, Light, and Unsweetened); Best Choice Clearly Organic; Fit & Active Organic; Fit & Active; Fresh & Easy Soysense; Giant ; Green Way; Harris Teeter Naturals Organic; Harvest Farms; Hy-Vee; Market Basket, Unsweetened; Meijer; Natural Directions Organic; Nature's Place; Nature's Promise Organic; O Organics; Shop Rite Organic; Shop Rite; Smart Menu Organic; Soy Dream; Stop & Shop Western Family Aseptic; Winn-Dixie Organic

²⁴ All pure, no dextrose added.

²⁵ If no "kosher for Passover" toothpaste is available, one may rely on the many lenient views, but should only purchase Colgate or Aim (all varieties).

²⁶ Although mixtures containing non-majority amounts of *kitniyos* are fine to eat on Pesach, nevertheless these products should be avoided (a) because they were nullified on purpose for all Jews and not just *sefardim* and (b) this rabbi allows certain ingredients that are not acceptable by most even for *all year round use*.

3 - Colognes, perfumes, hairspray, shaving lotions and deodorants that have restorable denatured alcohol should not be used. THIS STRINGENCY ONLY APPLIES TO ITEMS IN A PURE LIQUID FORM. In cases of need, or to find out about specific brands, one should speak to their Rabbi.

4 - Lipstick that contains chometz should not be used and a fresh stick should be started on Pesach.

5 – **Recommended CHILDREN' CHEWABLES**: Singular 4 and 5mg; Claritin Chewable Grape (not redi-tabs); Advil Children's Suspension in all flvs; Advil Infant Drops; Bayer Aspirin- Aspirin Plus, PM Caplets, Low-Dose Chewable 81mg (Cherry, Orange); Walgreens Junior Strength Ibuprofen Chewable Tablets

6 - **Recommended ANTACIDS** – PeptoBismal (plain, liquid);Alka-Seltzer (original tabs); Metamucil original powder; Mylanta chewables Max-Strength cherry & mint

7 - For **Pet Food** info see star-k.com

PILL-FORM MEDICATION

IT HAS BEEN THE POLICY OF THE BVK FOR THE PAST 8 YEARS THAT **ALL MEDICATION IN PILL FORM** THAT ARE SWALLOWED – **AND NOT CHEWED** – ARE PERMITTED FOR USE ON PESACH REGARDLESS OF ITS INGREDIENTS (K'SAV SOFER 111; IGROS MOSHE 2:92; CHAZON ISH 116:8; MINCHAS SHLOMO 1:17, INTER ALIA; SEE FOOTNOTE #9 ABOVE). VITAMINS (PILL FORM) TAKEN ON DOCTOR'S ADVICE ARE INCLUDED. PLEASE SPEAK TO YOUR RABBI FOR A FINAL RULING ON PILL-FORM MEDICINE, AS SOME MAY DISAGREE WITH THIS RULING OF R' MOSHE FEINSTEIN, ET AL.